

## October 2023

Woodrow Wilson  
Pre-K Lunch

### MONDAY

2

- Crispy Chicken on a Croissant
- Maple Cinnamon Carrots

### TUESDAY

3



- Emoji Waffles with Mixed Berry Compote
- Breakfast Sausages
- Hash Browns

### WEDNESDAY

4



- Triple Beef Tacos with Rice, Shredded Cheddar Cheese, Lettuce, Tomato & Salsa
- Seasoned Refried Beans

### THURSDAY

5

- Rodeo Burger on a Bun
- Spiral Fries

### FRIDAY

6



- Rocco's Pizza
- Maschio's House Salad

9



School

No

10

- Beef Taco Scoop-A-Bowl with Cheddar Cheese, Lettuce, Tomato and Tortilla Chips
- Fiesta Rice & Beans

11

- All Natural Beef Hot Dog on a Bun
- BBQ Baked Beans

12

- Triple Turkey Tacos with Shredded Cheddar Cheese, Lettuce, Tomato & Salsa
- Local Street Corn
- Cinnamon Churro

13



- Rocco's Pizza
- Freshly Prepared Caesar Salad

16

- Chicken Nuggets
- Whole Wheat Dinner Roll
- Sweet Potato Fries

17



- Creamy Mac and Cheese
- Garlic Breadstick
- Sauteed Broccoli

18

- Meatball Parm Sub
- Fresh Veggie Dippers

19



- Chicken Paella

20



- Rocco's Pizza
- Freshly Prepared Garden Salad
- Local Fresh Apple

23

- Hamburger on a Bun or Cheeseburger on Bun
- Ranch Fries

24

- Loaded Tot-Chos
- Mini Cornbread Loaf

25



- Chicken Alfredo Pasta
- Garlic Knots
- Roasted Parmesan Broccoli

26



- Egg, Sausage and Cheese on a Croissant
- Hash Browns

27



- Rocco's Pizza
- Freshly Prepared Cucumber and Tomato Salad

30

- Chicken and Cheese Quesadilla
- Rice and Beans

31



- Pasta with Meatballs
- Pumpkin Pretzel
- Freshly Prepared Spring Mix Salad

\*Menu is Subject to Change

Breakfast Served with Choice of:

Maschio's Food Services, Inc.  
"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

QUESTIONS OR COMMENTS?  
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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healthy kids!